

DREAM VALLEY WORK 2018

AGREEMENT

Kristina Mareen Buddeberg

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www.dreamvalley.no

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Handy 004799483557

Drømmedalen,

Finnstadveien 492

N-2477 Sollia

Norwegen

BANK CONNECTION:

Sparebanken Hedmark, Koppang

Postboks 203,

2302 Hamar

IBAN: NO62 1822 1775 232

BIC/SWIFT - adresse: SHEDNO22 Date:

Name of Dreamvalley Work Participant (from here on called 'DWP'):

Adress:

Telephones:

Telephone of at least one close family member:

e-post adress:

LENGTH OF STAY (at least 2 months stay):

from - to:

COMFORT LEVEL:

Life in Dreamvalley is very basic and includes a relatively primitive lifestyle with a compost toilet, and a lot of outdoor time amidst wilderness. The personal comfort level is very simple. It is cold during wintertime and the work is physical challenging.

However there is electricity, w-lan, a washing machine and a warm shower.

WORKING TIMES:

The working times are changing and depending on the seasons, the horse routines and the specific working task as well as individual capacity. Usually the daily working times last around 4-5 hours daily.

There is no fixed scheme for the organization of work and free time.

However DWP's have the right to take free one day per week.

SELF COSTS

The DWP pays 180.- kr. daily in order to cover a part of the living expenses (240.- kr pr day): **vegan food, firewood, lodging, electricity, gas, household items, W-lan.**

The food is vegan and as environmental friendly as possible.

Milk products and the like will not be ordered.

Alternatives to milk and cheese will be produced.

Dreamvalley does not buy chocolate, sweets, alcohol, juice, coca cola etc.

If the DWP wants to eat/drink something different she/he has to bring or order

this by her/him-self.

Food is ordered and delivered once a week from the local shop.

If the DWP rather wants to cook his/her own food the daily costs are 100.-kr daily for

the cottage, electricity, gas, firewood, household items etc..

The DWP has to order/bring his own food in this case.

The payment of the self costs must happen as follows: 25% will be payed in advance by online banking and latest 21days before arrival of the DWP. The resting 75% have to be payed by

arrival - either by online banking or cash.

VISITORS

DWP may welcome visiting family and/or friends after talking and scheduling this with Dreamvalley. Family and friends of the DWP pay Nkr 240.- kr daily in order to cover food, household, firewood, gas and lodging. Visitors who want to stay longer than one weekend are expected to help with the daily work in Dreamvalley. If visitors want to stay longer and do not want to help, the rules and prices of Dreamvalley Life will be calculated for the rest of their stay (have a look at www.dreamvalley.no)

TASKS OF THE DWP:

DWP take full responsibility for the daily horse related routines. After a profound instruction period during the first week an independent and responsible way of executing these routines is expected. The routines include: feeding, filling the buckets with supplements, filing hay with in hay bags and nets, mucking, helping with the daily hoof care, treating the horses with insect repellents, and other daily tasks that concern the horses. Additionally the horses are being moved almost daily by hiking excursions in the outskirts. Other works may include producing hay, working on the farm and in the woods, fencing, chopping wood, art events, cleaning and watching the gallery, preparing or cleaning the cottages/tents for guests, preparing group visits and more . The works will be distributed after a sensible sharing-the-work principle depending on what has to be done and how long it will last. For this we have Dreamvalleys' daily morning meetings. DWPs take part at all the common work tasks, household works such as cooking, cleaning, grooming, garbage handling, fire making, fetching in firewood etc etc. These works are additional to the horse and farm works and are shared with all visitors except Dreamvalley Life attendants. Cooking and dishes will either be distributed by days or done together unless you have chosen the cooking-for-yourself option.

COMMITMENTS OF THE DWP:

- to execute all work dutifully and to do your daily chores during the whole stay in a responsible and loving way.
- to help and take part at all working procedures with the aim to

obtain as much self-reliance as possible.

- to accept and apply the given safety rules for horses and tools at any times.
 - to treat tools and materials careful and responsible.
 - to act friendly and active towards all visitors of Dreamvalley.
 - to clean after yourself and to leave your room as clean as when you arrived.
 - to treat the horses only according to the instructions you got when it comes to handling, feeding, and taking care of them.
- Changes of routines are only ok if agreed upon with Tina.
- to take part in common activities with an active friendly and supporting manner.
 - all DWPs should please inform Dreamvalley about any handicaps in order to consider if a stay in Dreamvalley will make sense.
 - to inform Tina early enough in case of sickness.
 - the ability and willingness to get up early in the mornings (at around 7.00 am).
 - physical conditions for active farm working and hiking in the mountains should be present. Most of the work is done by hands and demand physical strength.
 - to consume electricity and firewood with care and only as much as necessary.

DREAMVALLEY'S COMMITMENT:

- As a thanks for the volunteering work of the DWP she/he is welcome to take part at all special adventures, seminars and experience-related activities in Dreamvalley.
- theoretical and practical knowledge will be given within basic horse handling, hoof care, natural horse keeping, pasture caring, vegan cooking, yoga, meditation, and local conditions according to Dreamvalleys best conscience and knowledge.
- Tina is NOT a teacher of BEING WITH HORSES, but she will put an effort in explaining her way of handling and working/ playing with the horses. The pedagogical aim is to sharpen and enlarge the perception and observation skills of the DWP.
- to put education means such as books, DVDs, audios, texts etc at disposition for free.
- to put horse equipment, yoga mats, tools etc at the DWP disposition.
- to involve the DWP into local happenings and events if possible as long as she/ he wants to participate.
- to convey aspects concerning safety and security.
- to inform and instruct the DWP about all actual working procedures including handling of horses and

tools.

- to assist the DWP with planning their travels to and from Dreamvalley.
- to take responsibility for the planning of the daily works and activities.
- to take part in household and cooking after a sensible sharing the work principle.
- to inform early enough if Tina has to leave for some days due to her profession as an artist.
- to help with finding a doctor in case of sickness.

ALL TERRAIN VEHICLE /ATV

Dreamvalley owns an electrical all terrain vehicle. The buss station is sited 6 km away from Dreamvalley. If someone wants to be fetched or brought with the ATV she/he pays Nkr. 100.- per trip. This is calculated and payed at departure. (During winter this is impossible because of weak battery power.) It is not possible to loan the ATV for own trips. Bicycles may be used for that.

INSURANCE:

Dreamvalley Work participants have to organize their own insurance solutions before arrival. It is recommended to arrange for an accident insurance. Dreamvalley points at that handling of horses can involve high risks. The DWP's have to follow the safety instructions by Dreamvalley in any situation when handing horses or tools. Dreamvalley takes NO RESPONSIBILITY WHATSOEVER if something should happen to the DLA's, their animals, other people involved, or any kind of damage to things. If the DWP happens to damage something owned by Dreamvalley she/he is asked to replace or repair the item. If Dreamvalley uses an item of a visitor it is Dreamvalleys' responsibly if the item should happen to be damaged.

WORKING INABILITY:

If the DWP is not able to work anymore due to an accident or sickness she/he is responsible to inform Tina at once so that a replacement can be organized necessary.

CANCELLATION TERMS:

This agreement can be cancelled by both parts by a formal written letter/mail. A cancellation before arrival has to happen at least 21 days before arrival. The booking fee - 25 % of the whole self cost fee will be kept at any case. If cancellation has been made 21 days before arrival only the 25 % will be retained by Dreamvalley. If the DWP cancels her/his stay later than 21 days before or after arrival, she/he has to pay the self cost fee for the whole remaining period. If Dreamvalley cancels the stay Dreamvalley will pay back the daily fee minus the 25 % booking fees from the day of departure on.

PROLONGING OF AGREEMENT:

It is possible to prolong your stay by a spoken and then written agreement by both parts.

OTHER AGREEMENTS:

Dreamvalley writes a Dreamvalley Work Participant confirmation after your 2 months' period at departure.

SIGNATURE:

I declare hereby that I accept these conditions:

date, signature of the Dreamvalley Life Attendant:

date, signature by Tina Buddeberg for Dreamvalley: